

# COASTAL ANESTHESIOLOGY MEDICAL ASSOCIATES

## Pre Surgical Guidelines / Testing

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Parameter	Recommendation	Time Limit
Fasting (food)	Nothing after midnight	> 8 hrs
Fasting (water)	Up to 4 hours before arrival time	> 4hrs
EKG	> 65 y/o or < 65 y/o <i>and</i> cardiac hx (CAD, CHF, HTN, Arrhythmia, Valvular disease)	< 6 months
Defibrillator	Interrogation	< 6 months
Pacer	Interrogation	< 12 months
CBC	>65 y/o or <65 y/o <i>and</i> anemia, kidney disease, major surgery	< 1 month
CMP	>65 y/o or <65 y/o <i>and</i> kidney disease, diuretic use, diabetic, major surgery	< 1 month
PT/PTT	Recent anticoagulants except aspirin/ibuprofen	DOS
T&S	Thoracic and major vascular surgery, Intermediate risk surgery and Hgb < 10	DOS
T&C 4U PRBC	Cardiac surgery	DOS
Urine HCG	All menstruating females	DOS
U/A	Never indicated for routine screening	
CXR	Never indicated for routine screening	
Medications	Continue, including DOS, unless instructed otherwise by pre-op nurse	

### Legend

Major surgery = cardiac, thoracic or major vascular. Intermediate risk surgery = laparotomy, craniotomy, total joint. DOS = day of surgery. y/o = years old. hx = history. CMP = complete metabolic panel. Urine HCG = urine pregnancy test. U/A = urinalysis. CXR = chest x-ray. CBC = complete blood count. T&S = type and screen. T&C = type and cross.

### Disclaimer

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