

# COASTAL ANESTHESIOLOGY MEDICAL ASSOCIATES

## Competent, Compassionate, Consistent and Comprehensive Anesthetic Care

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## PREOPERATIVE TESTING GUIDELINES

*These are minimal guidelines for elective surgery to help prevent delays.*

Patient Type*	ECG	CBC	CHEM 7	PT/INR	PTT	CHEM 14	CXR	URINE HCG
Age > 65	X							
Neurological Disease: Seizures, CVA, TIA	X	X	X					
Cardiac Disease: CAD, CHF, valvular	X	X	X					
Vascular Disease: AAA, PVD, carotid	X	X	X					
Pulm Disease: COPD, Asthma, pulm HTN	X	X						
Renal Disease: Insufficiency or End Stage	X	X	X					
Liver Disease: Cirrhosis, Hepatitis		X	X	X	X	X		
Hypertension	X		X					
Diabetes	X		X					
Chemotherapy		X						
Diuretics			X					
Anticoagulants (Coumadin)		X		X				
Anticoagulants (Heparin)					X			
Major Non-Cardiac Surgery: Crani, Thoracic, Major Abdominal, Vascular, Joints	X	X	X	X	X			
Cardiac Surgery	X	X	X	X	X	X	X	
Menstruating Female**								X

\* If there are any questions about indications for testing please contact the anesthesiologist on call

\*\* If upon questioning they deny any chance of pregnancy it may be omitted.

## Blood Typing and Screening vs. Cross-Matching

Patients undergoing major surgery where the chance of needing a transfusion is anticipated to be less than 50% should have a type and screen performed.

Patients undergoing major surgery where the chance of needing a transfusion is anticipated to be greater than 50% should have a type and cross-match for a minimum of 2 units of packed red blood cells.

For anemic patients the threshold should be reduced.

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